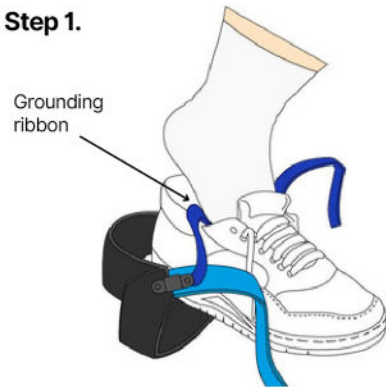


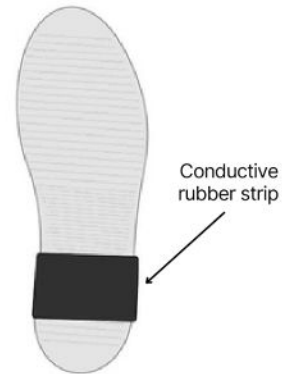
# How To Wear An ESD Heel Strap

## Step 1.



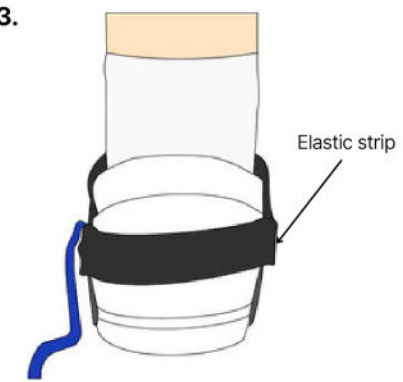
1. Position the heel strap around the shoe and place the grounding ribbon inside the shoe so that it will lay under the heel.

## Step 2.



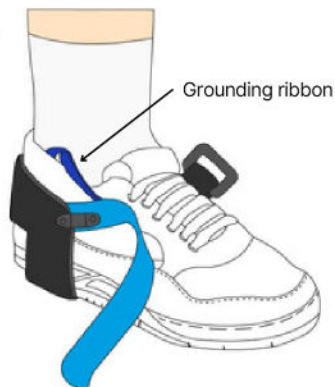
2. Adjust the conductive rubber strip so that it is placed under the heel grip of the shoe and feels secure.

## Step 3.



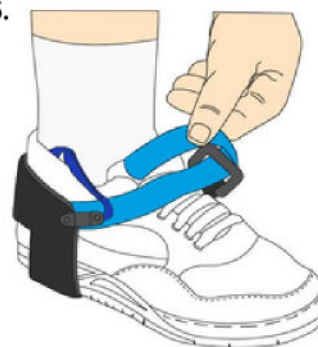
3. Adjust the elastic strip around the back of the shoe so that it makes contact with the shoe. This should feel secure.

## Step 4.



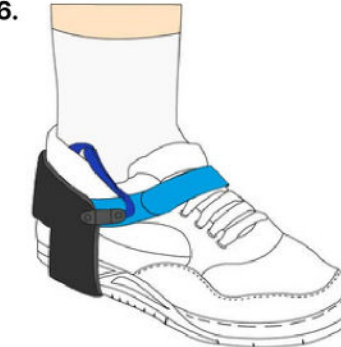
4. Once the heel strap is positioned, tie any laces and adjust the foot so that it feels comfortable. Tuck in any excess ribbon material into the side of the shoe.

## Step 5.



5. To adjust the strap, feed the hook and loop fastening through the plastic buckle, pull tight and press down to stick the strap in place.

## Step 6.



6. Check the heel strap for a secure and snug fit. Then, test the heel strap to confirm proper installation. Repeat on the other foot.